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Cancer Education Materials in the
Hmong language are available on

www.hmongwomenheritage.org
Or
www.cancer.org/apicem



Hmong Women's Heritage Association
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Susan G. Komen For the Cure
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Program Mission

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To eliminate cancer and chronic health disparities among Hmong communities in the greater Sacramento region by promoting cancer awareness, screening and patient navigation.

Program Goals

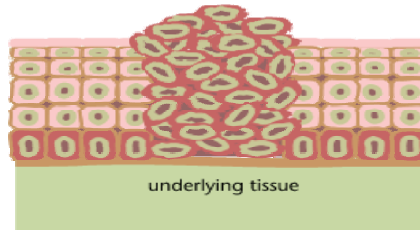
To deliver culturally appropriate and linguistically specific cancer education and outreach to the Hmong community in the greater Sacramento region. Outreach will help Hmong community members learn more about:

- Cancer awareness, prevention and causes
- Health screenings which can reduce cancer risks
- How to seek care for cancer or cancer prevention when medically appropriate
- Healthy life style
- Healthy eating and exercise

Program Focus

What is Cancer?

A term for diseases in which abnormal cells divide without control. Cancer cells can invade nearby tissues and can spread through the blood stream and lymphatic system to other parts of the body.



Five most common cancers for the Hmong population in California

Leading Cancer Sites in California Hmong by Gender, 1988-2000, and Ratio of Hmong Rate to Non-Hispanic White Rate

Cancer Site	Hmong Rate		Hmong/NHW Ratio	
	Males	Females	Males	Females
Liver	25.7	8.8	5.4	4.9
Cervix	—	36.6	—	4.6
Stomach	32.9	30	3.2	7.0
Lung	35.8	17.9	0.4	0.3
NPC	16.0	6.9	26.7	34.5
Leukemia	29.9	17.7	1.9	2.0

NHW: non-Hispanic whites; NPC: nasopharyngeal cancer
Article: Cancer Incidence in the Hmong in California 1988-2000 Mills, 2004

*Cervical cancer is the leading cause of cancer death for Hmong women, which is preventable if diagnosed early.

Current Services

Education

- Cancer Awareness 101
- Cervical Cancer Awareness 101
- Breast Cancer Awareness 101
- Stomach Cancer Awareness 101
- Liver Cancer Awareness 101
- Self-Breast Examination Workshop
- HPV and the Vaccine

Research

- Baseline Measurement of Pap Testing Among Hmong Women
- Community-based Hepatitis B Interventions for Hmong Adults

An Assessment of Hmong women's Barriers and Behavior toward Breast and Cervical Screening

Case Management Cancer & Chronic Health

Health Access

- Health Navigation
- Interpreting
- Translating

Linkage to Cancer Treatment Plans